

KIRKLAND SIGNATURE[™] NUTRITIONAL SUPPLEMENT CATALOGUE

KIRKLAND SIGNATURE[™] CALCIUM CITRATE



NOW WITH MORE ESSENTIAL:

- **Vitamin D3** - Assists in the absorption of calcium.

Kirkland Signature Calcium Citrate is scientifically formulated for building a health body.

Calcium is essential for strong bones and Vitamin D3 helps the body absorb calcium. Zinc and magnesium assist the body with bone formation. Calcium Citrate helps maintain and support:

- Healthy bones and teeth.
- Healthy muscle contraction.
- Reduces risk of osteoporosis.

A healthy diet with adequate calcium and regular exercise helps teen and young adult women maintain good bone health and may reduce their high risk of osteoporosis later in life. While adequate calcium intake is important, daily intakes above 2000 mg are not likely to provide any additional benefit.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Flavors. No Preservatives. No Yeast or Gluten.

SUGGESTED USE:

- Take two tablets daily or as recommended by your physician.

SUPPLEMENT FACTS:

Serving Size: 2 Tablets

Servings Per Container: 150

Two Tablets Contain - % Daily Value:

Vitamin D3 800 I.U. - 200%, Vitamin B6 10 mg - 500%, Calcium 500 mg - 50%, Magnesium 80 mg - 20%, Zinc 10 mg - 66%, Copper 1 mg - 50%, Manganese 1 mg - 50%, Boron 1 mg - **.

**Daily Value not established.

INGREDIENTS:

Calcium Citrate, Cellulose Gel, Magnesium Oxide, Talc, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Titanium Dioxide (artificial color), Pyridoxine Hydrochloride, Magnesium Stearate, Zinc Oxide, Vitamin D3 (Cholecalciferol), Mineral Oil, Sodium Borate, Manganese Gluconate, Cupric Gluconate, Triethyl Citrate, Polyethylene Glycol, Corn Starch, Polysorbate 80, Soybean Oil, Carnauba Wax.

CONTAINS:

Soy

- Keep out of the reach of children.

KIRKLAND SIGNATURE[™] ALLERCLEAR[®] NON-DROWSY



Compare to the active ingredient of Claritin[®]**

Original Prescription Strength

24 Hour Allergy Relief

USES:

Temporarily relieves these symptoms due to hay fever or other upper respiratory allergies:

- Runny Nose
- Sneezing
- Itchy, Watery Eyes
- Itching of the Nose or Throat

DIRECTIONS:

Adults and children 6 years and over: 1 Tablet daily; not more than 1 tablet in 24 hours. Children under 6 years of age: ask a doctor. Consumers with liver or kidney disease: ask a doctor.

DRUG FACTS:

Active Ingredient (in each tablet):

Loratadine 10 mg. Purpose: Antihistamine.

Inactive Ingredients:

Lactose Monohydrate, Magnesium Stearate, Povidone, Pregelatinized Starch.

KIRKLAND SIGNATURE™ ANTI-DARRHEAL



Each caplet (capsule-shaped tablet) contains 2 mg Loperamide Hydrochloride

Original Prescription Strength

Compare to active ingredient of Imodium® A-D**

USE:

Controls symptoms of diarrhea, including Travelers' Diarrhea.

DIRECTIONS:

Drink plenty of clear fluids to help prevent dehydration, which may accompany diarrhea. Find right dose on chart. If possible, use weight to dose; otherwise, use age.

Adults and Children 12 years and over: 2 caplets after the first loose stool; 1 caplet after each subsequent loose stool; but no more than 4 caplets a day.

Children 9 - 11 years (60 - 95 lbs.): 1 caplet after the loose stool; 1/2 caplet after each subsequent loose stool; but no more than 3 caplets a day.

Children 6 - 8 years (48 - 59 lbs.): 1 caplet after the first loose stool; 1/2 caplet after each subsequent loose stool; but no more than 2 caplets a day.

Children under 6 years (up to 47 lbs.): Ask a doctor (not intended for use in children under 6 years old).

ACTIVE INGREDIENT (IN EACH CAPLET):

Loperamide HCl 2 mg. Purpose: Anti-diarrheal.

INACTIVE INGREDIENTS:

Anhydrous Lactose, Carnauba Wax, D&C Yellow No. 10, FD & C Blue No. 1, Hypromellose, Magnesium Stearate, Microcrystalline Cellulose, Polyethylene Glycol, Pregelatinized Starch.

KIRKLAND SIGNATURE™ ACID REDUCER MAXIMUM STRENGTH RANITIDINE



Compare to Zantac 150®*

- Prevents & Relieves Heartburn associated with Acid Indigestion & Sour Stomach

USES:

- Relieves heartburn associated with acid indigestion and sour stomach
- Prevents heartburn associated with acid indigestion and sour stomach brought on by certain foods and beverages

DIRECTIONS:

Adults and children 12 years and over:

- To relieve symptoms swallow 1 tablet with a glass of water
- To prevent symptoms, swallow 1 tablet with a glass of water 30 to 60 minutes before eating food or drinking beverages that cause heartburn

- Can be used up to twice daily (do not take more than 2 tablets in 24 hours)

Children under 12 years: ask a doctor

ACTIVE INGREDIENT (IN EACH TABLET):

Ranitidine 150 mg (as ranitidine hydrochloride 168 mg). Purpose - Acid Reducer.

INACTIVE INGREDIENTS:

Colloidal Silicon Dioxide, Croscarmellose Sodium, Diethyl Phthalate, FD&C Yellow #6, Hypromellose, Iron Oxide Red, Magnesium Stearate, Microcrystalline Cellulose and Titanium Dioxide.

KIRKLAND SIGNATURE™ CALCIUM



Compare to Caltrate® 600+D*

Kirkland Signature™ Calcium 600 mg + D3 is essential to build a strong, healthy body. Calcium is essential for strong bones and teeth. Vitamin D3 is needed to help the body absorb calcium.

CALCIUM + D3 HELPS MAINTAIN AND SUPPORT:

- Healthy bones and teeth
- Healthy muscle contraction
- Reduces risk of osteoporosis

A healthy diet with adequate calcium and regular exercise helps teens and adult women maintain good bone health and may reduce their high risk of osteoporosis later in life.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Every **Kirkland Signature™** product is guaranteed to meet or exceed the quality standards of the leading national brands. If you are not completely satisfied, your money will be refunded.

No Artificial Flavors. No Preservatives. No Yeast or Gluten.

SUGGESTED USE:

Take one tablet two to three times daily, preferably with a meal.

SUPPLEMENT FACTS:

Serving Size: 1 Tablet
Each Tablet Contains - % Daily Value:
Vitamin D3 400 I.U. - 100%, Calcium 600 mg - 60%.

INGREDIENTS:

Calcium Carbonate, Cellulose Gel, Maltodextrin, Acacia, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Mineral Oil, Titanium Dioxide (artificial color), Vitamin D3 (Cholecalciferol), Polysorbate 80, Polyethylene Glycol, Carnauba Wax, Yellow 6 Lake.

CAUTION:

If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of the reach of children.

KIRKLAND SIGNATURE™ CALCIUM CITRATE



Vitamin E contributes to cardiovascular health by helping to protect LDL cholesterol from oxidation which may cause cellular damage.†

- No Artificial Colors
- No Artificial Flavors
- No Preservatives
- No Yeast, Starch or Gluten

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SUGGESTED USE:

Take one softgel daily, preferably with a meal.

SUPPLEMENT FACTS:

Serving Size: 1 Softgel

Each Softgel Contains - % Daily Value:
Vitamin E 400 IU - 1333%.

INGREDIENTS:

dl-Alpha Tocopheryl Acetate, Gelatin, Glycerin, Water.

WARNINGS:

Keep out of the reach of children. Tamper evident seal under cap. Do not use if printed seal is broken or missing.

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements.

KIRKLAND SIGNATURE™ IBUPROFEN

Compare Kirkland Signature™ Ibuprofen to the Active Ingredient in Advil®.

Kirkland Signature™ Ibuprofen temporarily relieves minor aches and pains associated with:

- The common cold
- Headache
- Toothache
- Muscular aches
- Backache
- The minor pain of arthritis
- The pain of menstrual cramps
- The reduction of fever

DIRECTIONS:

Do not take more than directed. The smallest effective dose should be used. Do not take longer than 10 days, unless directed by a doctor (see warnings).

Adults and children 12 years and older:

Take 1 tablet every 4 to 6 hours while symptoms persist. If pain or fever does not respond to 1 tablet, 2 tablets may be used, do not exceed 6 tablets in 24 hours, unless directed by a doctor.

Children under 12 years: ask a doctor.

Active Ingredient (in each tablet) - Purpose: Ibuprofen 200 mg (NSAID)* - Pain reliever/fever reducer.

*nonsteroidal anti-inflammatory drug

Inactive Ingredients:

Colloidal Silicon Dioxide, Corn Starch, Croscarmellose Sodium, Hypromellose, Iron Oxides, Microcrystalline Cellulose, Stearic Acid, Titanium Dioxide.

WARNINGS:

Allergy alert: Ibuprofen may cause a severe allergic reaction, especially in people allergic to aspirin.

- **Symptoms may include:** hives, facial swelling, asthma (wheezing), shock, skin reddening, rash, blisters. If an allergic reaction occurs, stop use and seek medical help right away.

Stomach bleeding warning: This product contains a nonsteroidal anti-inflammatory drug (NSAID), which may cause stomach bleeding.

- **The chance is higher if you:** are age 60 or older, have had stomach ulcers or bleeding problems, take a blood thinning (anticoagulant) or steroid drug, take other drugs containing an NSAID (aspirin, ibuprofen, naproxen, or others), have 3 or more alcoholic drinks every day while using this product, take more or for a longer time than directed.

Do not use: If you have ever had an allergic reaction to any other pain reliever/fever reducer. Right before surgery.

Ask a doctor before use if you have: Problems or serious side effects from taking pain relievers or fever reducers. Stomach problems that last or come back, such as heartburn, upset stomach, or stomach pain. Ulcers. Bleeding problems. High blood pressure. Heart or kidney disease. Taken a diuretic, Reached age 60 or older.

Ask a doctor or pharmacist before use if you are: Taking aspirin to prevent heart attack or stroke, because ibuprofen may decrease this benefit of aspirin. Taking any other drug containing an NSAID (prescription or nonprescription). Taking a blood thinning (anticoagulant) or steroid drug. Under a doctor's care for any serious condition. Taking any other drug.

When using this product: Take with food or milk if stomach upset occurs. Long term continuous use may increase the risk of heart attack or stroke.

Stop use and ask a doctor if: You feel faint, vomit blood, or have bloody or black stools. These are signs of stomach bleeding. Pain gets worse or lasts more than 10 days. Fever gets worse or lasts more than 3 days. Stomach pain or upset gets worse or last. Redness or swelling is present in the painful area. Any new symptoms appear.

If pregnant or breast-feeding: Ask a health professional before use. It is especially important not to use ibuprofen during the last 3 months of pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.

Keep Out of Reach of Children. In Case of overdose, get medical help or contact a Poison Control Center right away.



KIRKLAND SIGNATURE™ FISH OIL CONCENTRATE



Contributes to Heart & Vascular Health†

- No Artificial Colors
- No Artificial Flavors
- No Yeast, Starch or Gluten

Kirkland Signature fish supply comes from deep ocean waters. Our fish oil is not supplied from farm-raised fish. State-of-the-art molecular distillation process is used to remove mercury, PCBs and dioxins, which guarantees purity and potency with reduced fish odor, on all Kirkland Signature fish oil products. The fish oil is derived from a variety of fish species, to maximize omega-3 fatty acid concentration.

Fish Oil naturally contains the Omega-3 Fatty Acids, EPA and DHA. Omega-3 Fatty Acids help maintain heart and vascular health.†

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SUGGESTED USE:

Take one softgel three times daily with a full glass of water, preferably after a meal.

SUPPLEMENT FACTS:

Serving Size: 1 Softgel

Each Softgel Contains - % Daily Value:

Calories 10 (Calories from Fat 10), Total Fat 1 g - 2%*, Saturated Fat 0.5 g - 3%*, Polyunsaturated Fat 0.5 g - **, Monounsaturated Fat 0 g - **, Cholesterol 10 mg - 3%, Natural Fish Oil Concentrate 1000 mg, Omega 3 Fatty Acids (EPA/DHA and other Omega 3) 300 mg - **.

*Percent Daily Values are based on a 2,000-calorie diet.

**Daily Value not established.

INGREDIENTS:

Fish Oil Concentrate, Gelatin, Glycerin, Water, Tocopherol.

CONTAINS:

Fish (Anchovy, Sardine) and Soy.

KIRKLAND SIGNATURE™ FIBER TABS



Compare Kirkland Signature™ Fiber Tabs to the Active Ingredient in FiberCon® *

Bulk-Forming Fiber Laxative

- 500 mg of Insoluble Bulk-Forming Fiber per Caplet
- 140 mg of Calcium per Caplet
- Gentle Enough to Use Every Day
- Natural Action of Fiber

Relieves occasional constipation to help restore and maintain regularity; this product generally produces bowel movement in 12 to 72 hours.

DIRECTIONS:

Take this product (child or adult dose) with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. See warnings. Do not take more than the maximum daily dose.

Suggested Use Adults & Children 12 years of age and over:

- Recommended Dose: 2 Caplets once a day.
- Daily Maximum: up to 4 times a day.

Children under 12 years: Consult a physician.

Active Ingredient (in each caplet) - Purpose:

Calcium Polycarbophil 625 mg equivalent to 500 mg Polycarbophil - Bulk-forming laxative.

Inactive Ingredients: Calcium Carbonate, Caramel, Colloidal Silicon Dioxide, Crospovidone, Hydroxypropyl Methylcellulose, Magnesium Stearate, Microcrystalline Cellulose, Mineral Oil, Polyethylene Glycol, Povidone, Sodium Lauryl Sulfate.

KIRKLAND SIGNATURE™ ACID CONTROLLER MAXIMUM STRENGTH



Compare to the active ingredient in Maximum Strength Pepcid AC® Acid Reducer*

Just one tablet prevents & relieves heartburn due to acid indigestion

USES:

- Relieves heartburn associated with acid indigestion and sour stomach
- Prevents heartburn associated with acid indigestion and sour stomach brought on by eating or drinking certain food and beverages

DIRECTIONS:

Adults and children 12 years and over:

- **To relieve symptoms**, swallow 1 tablet with a glass of water. Do not chew.

- **To prevent symptoms**, swallow 1 tablet with a glass of water at any time from 10 to 60 minutes before eating food or drinking beverages that cause heartburn.
- Do not use more than 2 tablets in 24 hours.

Children under 12 years: ask a doctor.

ACTIVE INGREDIENT (IN EACH TABLET):

Famotidine 20 mg. Purpose - Acid Reducer.

INACTIVE INGREDIENTS:

Carnauba Wax, Colloidal Silicon Dioxide, Croscarmellose Sodium, Lactose (monohydrate), Magnesium Stearate, Microcrystalline Cellulose, Polyethylene Glycol, Polyvinyl Alcohol, Talc and Titanium Dioxide.

KIRKLAND SIGNATURE™ VITAMIN D3



Kirkland Signature™ Vitamin D3 helps maintain and support:

- Bones & Teeth†
- Immune Health†
- Colon Health†
- Breast Health†
- Muscle Health†

Vitamin D3, also known as the sunshine vitamin, is important for strong bones and teeth.† Vitamin D3 also plays a major role in healthy cell development and helps keep the immune system strong.† D3 has been shown to promote muscle health, breast health and colon health.†

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE:

Take one softgel daily with a full glass of water, preferably with a meal.

SUPPLEMENT FACTS:

Serving Size: 1 Softgel

Amount Per Softgel - % Daily Value:

Vitamin D3 2000 I.U. - 500%.

INGREDIENTS:

Soybean Oil, Gelatin, Vegetable Glycerin, Vitamin D3 (Cholecalciferol).

No Artificial Colors. No Artificial Flavors. No Preservatives. No Yeast or Gluten.

CAUTION:

If you are pregnant, nursing, or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of the reach of children.

KIRKLAND SIGNATURE[™] MATURE ADULTS 50+ MULTI

Compare to the active ingredients in Centrum[®] Silver[®].

Kirkland Signature[™] Mature Multivitamin is scientifically formulated to keep you strong and healthy as you age.

Kirkland Signature[™] Mature Multivitamin helps maintain and support:

- Bones & Teeth†
- Immune Health†
- Heart Health†
- Eye Health†
- Antioxidant Protection†

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No Artificial Colors. No Artificial Flavors. No Preservatives. No Yeast or Gluten.

SUGGESTED USE:

Take one tablet daily, preferably with a meal.

SUPPLEMENT FACTS:

Serving Size: 1 Tablet

Each Tablet Contains - % Daily Value:

Vitamin A 2,500 I.U. 40% as Beta Carotene - 50%, Vitamin C 90 mg - 150%, Vitamin D3 500 I.U. - 125%, Vitamin E 50 I.U. - 167%, Vitamin K 30 mcg - 38%, Thiamin (Vitamin B1) 1.5 mg - 100%, Riboflavin (Vitamin B2) 1.7 mg - 100%, Niacin 20 mg - 100%, Vitamin B6 3 mg - 150%, Folate (Folic Acid) 500 mcg - 125%, Vitamin B12 25 mcg - 417%, Biotin 30 mcg - 10%, Pantothenic Acid 10 mg - 100%, Calcium 220 mg - 22%, Phosphorus 110 mg - 11%, Iodine 150 mcg - 100%, Magnesium 50 mg - 13%, Zinc 11 mg - 73%, Selenium 55 mcg - 79%, Copper 0.9 mg - 45%, Manganese 2.3 mg - 115%, Chromium (as Chromium Picolinate) 45 mcg - 38%, Molybdenum 45 mcg - 60%, Chloride 72 mg - 2%, Potassium 80 mg - 2%, Boron 300 mcg - **, Nickel 5 mcg - **, Silicon 2 mg - **, Vanadium 10 mcg - **, Lutein (flower) 275 mcg - **, Lycopene 200 mcg - **.

****Daily Value not established.**

INGREDIENTS:

Dibasic Calcium Phosphate, Calcium Carbonate, Potassium Chloride, Cellulose Gel, Ascorbic Acid, Magnesium Oxide, dl-Alpha Tocopheryl Acetate, Starch (Corn & Tapioca), Niacinamide, Zinc Oxide, Hydroxypropyl Methylcellulose, d-Calcium Pantothenate, Gelatin, Manganese Sulfate, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, Pyridoxine Hydrochloride, Copper Sulfate, Thiamin Mononitrate, Riboflavin, Polyethylene Glycol, Beta Carotene, Vitamin A Acetate, Sodium Borate, Folic Acid, Boric Acid, Chromium Picolinate, Lycopene, Lutein, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Cyanocobalamin, Nickel Sulfate, Sodium Metavanadate, Vitamin D 3 (Cholecalciferol).

CONTAINS:

Fish (Cod, Cusk, Flounder, Haddock, Hake, Pollock, Redfish, and Sole).

WARNINGS:

Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of reach of children.

DIABETICS/HYPOGLYCEMICS:

This product contains chromium, please discuss use of this product with a physician prior to use.

Oil - and Water-soluble Vitamins with Minerals Tablets USP.

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standard for dietary supplements.



KIRKLAND SIGNATURE™ PREMIUM PERFORMANCE™ MULTIVITAMIN

With Lycopene & Lutein

Promotes heart health & antioxidants for good eye health†

- No artificial colors
- No artificial flavors
- No preservatives
- No yeast or gluten

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SUGGESTED USE:

Take one tablet daily, preferably with a meal.

SUPPLEMENT FACTS:

Serving Size: 1 Tablet

Each Tablet Contains - % Daily Value:

Vitamin A 5000 IU (66% as Beta Carotene) 100%, Vitamin C 120 mg - 200%, Vitamin D 400 IU - 100%, Vitamin E 75 IU - 250%, Vitamin K 80 mcg - 100%, Thiamin (Vit. B1) 5.25 mg - 350%, Riboflavin (Vit. B2) 6 mg - 353%, Niacin 50 mg - 250%, Vitamin B6 10 mg - 500%, Folic Acid 400 mcg - 100%, Vitamin B12 25 mg - 417%, Biotin 60 mcg - 20%, Pantothenic Acid 10 mg - 100%, Calcium 165 mg - 17%, Iron 9 mg - 50%, Phosphorus 130 mg - 13%, Iodine 150 mcg - 100%, Magnesium 50 mg - 13%, Zinc 15 mg - 100%, Selenium 200 mcg - 286%, Copper 3.5 mg - 175%, Manganese 7.5 mg 375%, Chromium 200 mcg - 167%, Molybdenum 75 mcg - 100%, Chloride 90 mg - 3%, Potassium 100 mg - 3%, Boron 60 mcg - *, Nickel 6.5 mcg - *, Silicon 4 mg - *, Tin 10 mcg - *, Vanadium 10 mcg - *, Lutein 250 mcg - *, Lycopene 300 mcg - *, Asian Ginseng Root (Korean Root (Korean white) Extract 55 mg (Panax ginseng) (standardized to 7% Ginsenosides 3.85 mg) - *, Ginkgo Biloba Extract (Ginkgo biloba) (leaf) (standardized to 24% (14.4 mg) Ginkgo Flavone Glycosides) 60 mg - *.

*Daily Value not established.

INGREDIENTS:

Dibasic Calcium Phosphate, Potassium Chloride, Cellulose Gel, Ascorbic Acid, Magnesium Oxide, dl-Alpha Tocopheryl Acetate, Ginkgo Leaf Extract, Niacinamide, Tricalcium Phosphate, Corn Starch, Ferrous Fumarate, Croscarmellose Sodium, Manganese Sulfate, Hydroxypropyl Methylcellulose, Zinc Oxide, Gelatin, Asian Ginseng Root Extract, Pyridoxine Hydrochloride, d-Calcium Pantothenate, Magnesium Stearate, Silicon Dioxide, Thiamin Mononitrate, Riboflavin, Copper Oxide, Beta Carotene, Polyethylene Glycol, Vitamin A Acetate, Modified Food Starch, Chromium Chloride, Sodium Selenate, Folic Acid, Lycopene, Lutein, Sodium Borate, Potassium Iodide, Sodium Molybdate Phylloquinone, Biotin, Vitamin D3 (Cholecalciferol), Cyanocobalamin, Sodium Metavanadate, Nickelous Sulfate, Stannous Chloride.

CONTAINS:

Fish (Cod, Cusk, Haddock, Hake, Flounder, Pollock, Sole and Redfish).

WARNING:

Accident overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

DIABETICS/HYPOGLYCEMICS:

This product contains chromium, please discuss use of this product with a physician prior to use.

CAUTION:

This product contains Asian Ginseng (Korean white) and Ginkgo Biloba. If you are pregnant or nursing, have abnormal blood pressure, taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements.



KIRKLAND SIGNATURE[™] DAILY MULTI

Compare to the active ingredient in Centrum[®].

Kirkland Signature[™] Daily Multivitamin is scientifically formulated for your overall good health.†

Kirkland Signature Daily Multi helps maintain and support:

- Heart Health†
- Eye Health†
- Immune Health†
- Bones & Teeth†
- Antioxidant Protection†

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

No Artificial Colors. No Artificial Flavors. No Preservatives. No Yeast or Gluten.

SUGGESTED USE:

Take one tablet daily, preferably with a meal.

SUPPLEMENT FACTS:

Serving Size: 1 Tablet

Each Tablet Contains - % Daily Value:

Vitamin A 3500 IU (29% as Beta Carotene) - 70%, Vitamin C 90 mg - 150%, Vitamin D3 400 IU - 100%, Vitamin E 30 IU - 100%, Vitamin K 25 mcg - 31%, Thiamin (Vitamin B1) 1.5 mg - 100%, Riboflavin (Vitamin B2) 1.7 mg - 100%, Niacin 20 mg - 100%, Vitamin B6 2 mg - 100%, Folate (folic acid) 500 mcg - 125%, Vitamin B12 6 mcg - 100%, Biotin 30 mcg - 10%, Pantothenic Acid 10 mg - 100%, Calcium 200 mg - 20%, Iron 18 mg - 100%, Phosphorus 109 mg - 10%, Iodine 150 mcg - 100%, Magnesium 100 mg - 25%, Zinc 11 mg - 73%, Selenium 55 mcg - 79%, Copper 0.9 mg - 45%, Manganese 2.3 mg - 115%, Chromium (as Chromium Picolinate) 35 mcg - 29%, Molybdenum 45 mcg - 60%, Chloride 72 mg - 2%, Potassium 80 mg - 2%, Boron 150 mcg - *, Nickel 5 mcg - *, Tin 10 mcg - *, Vanadium 10 mcg - *, Lutein (flower) 250 mcg - *, Lycopene 300 mcg - *.

*Daily Value not established.

INGREDIENTS:

Dibasic Calcium, Magnesium Oxide, Potassium Chloride, Cellulose Gel, Calcium Carbonate, Ascorbic Acid, Ferrous Fumarate, dl-Alpha Tocopheryl Acetate, Niacinamide, Zinc Oxide, Starch (Corn & Tapioca), Hydroxypropyl Methylcellulose, d-Calcium Pantothenate, Gelatin, Croscarmellose Sodium, Manganese Sulfate, Magnesium Stearate, Silicon Dioxide, Copper Sulfate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A Acetate, Polyethylene Glycol, Boric Acid, Beta Carotene, Folic Acid, Lycopene, Chromium Picolinate, Lutein, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Biotin, Phylloquinone, Nickel Sulfate, Sodium Metavanadate, Stannous Chloride, Vitamin D3 (Cholecalciferol), Cyanocobalamin.

CONTAINS:

Fish (Cod, Cusk, Flounder, Haddock, Hake, Pollock, Redfish, and Sole).

WARNINGS:

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or a poison control center immediately.

Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

DIABETICS/ HYPOGLYCEMICS:

This product contains chromium, please discuss use of this product with a physician prior to use.

Oil - and Water-soluble Vitamins with Minerals Tablets USP.

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements.



KIRKLAND SIGNATURE™ NAPROXEN



Compare Kirkland Signature™ Naproxen Sodium to the active ingredient in Aleve®

- Pain Reliever/Fever Reducer
- With 8 to 12 Hour Dosing
- Fast, Long-Lasting Pain Relief

Temporarily reduces fever and relieves minor aches and pains due to:

- Minor pain of arthritis
- Muscular aches
- Backache
- Menstrual cramps
- Headache
- Toothache
- The common cold

DIRECTIONS:

Do not take more than directed. The smallest effective dose should be used. Do not take longer than 10 days, unless directed by a doctor (see Warnings). Drink a full glass of water with each dose.

Adults and Children 12 Years and Older:

Take 1 caplet every 8 to 12 hours while symptoms last. For the first dose you may take 2 caplets within the first hour. Do not take more than 2 caplets in any 8 to 12 hour period. Do not exceed 3 caplets in a 24 hour period.

Children under 12 Years: Ask a doctor.

ACTIVE INGREDIENTS (IN EACH CAPLET):

Naproxen Sodium 220 mg (naproxen 200mg) (NSAID)* - Purpose: Pain reliever/Fever reducer.
*nonsteroidal anti-inflammatory drug

INACTIVE INGREDIENTS:

Carnauba Wax, FD&C Blue No 2 Aluminum Lake, Hypromellose, Magnesium Stearate, Microcrystalline Cellulose, Polyethylene Glycol, Povidone, Talc, Titanium Dioxide.

Each caplet contains: Sodium 20 mg.

KIRKLAND SIGNATURE™ VITAMIN C



Vitamin C enhances the immune system and protects the body's cells from potential oxidative damage. Vitamin C also helps build healthy teeth, gums, and bones. Bioflavonoids assist in the body's absorption of Vitamin C.† Rose Hips are a natural source of Vitamin C.

- Yeast Free
- Sodium Free
- Gluten Free
- Soy Free
- No Artificial Preservatives
- No Artificial Colors or Flavors

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SUGGESTED USE:

Take one tablet daily, preferably with a meal.

SUPPLEMENT FACTS:

Serving Size: 1 Tablet

Each Tablet Contains:

Vitamin C 1000 mg - % Daily Value: 1667%, Citrus Bioflavonoids Complex (Hesperidin/Rutin 10%[10mg]) 100mg*.

*Daily Value not established.

INGREDIENTS:

Ascorbic Acid, Cellulose Gel, Citrus Bioflavonoids Complex, Hydroxypropyl Methylcellulose, Stearic Acid, Croscarmellose Sodium, Silicon Dioxide, Magnesium Stearate, Polyethylene Glycol, Rose Hips, Acerola.

WARNINGS:

Keep out of the reach of children. Tamper evident seal under cap. Do not use if printed seal is broken or missing.

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements.

KIRKLAND SIGNATURE™ FAST ACTING LACTASE

Compare to the active ingredient in Lactaid® Fast Act***

Fast Acting Lactase Supplement helps **prevent** symptoms associated with Lactose Intolerance (including gas, bloating and diarrhea) that many people experience after eating dairy products.†

HOW DOES FAST ACTING LACTASE SUPPLEMENT WORK?

- By breaking down lactose (milk sugar) it helps make dairy foods easier to digest and helps to prevent uncomfortable symptoms.
- This product is a dietary supplement which contains natural lactase enzyme. It is NOT A DRUG.
- May be used by everyone ages 4 years and up.

WHY IS FAST ACTING LACTASE SUPPLEMENT BETTER THAN ULTRA?

- Because it goes to work quickly, more lactose (milk sugar) can be broken down overall.
- This product begins to work more than TWICE AS FAST as Ultra strength products previously available.
- Dosage is the same convenient single pill as Ultra.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

HOW OFTEN CAN YOU USE FAST ACTING LACTASE SUPPLEMENT:

- You can use this product before every meal or snack containing dairy every day.

HOW DO YOU USE FAST ACTING LACTASE SUPPLEMENT?

- Take 1 caplet with your first bite of foods containing dairy.
- You may increase the dosage to 2 caplets at one time if necessary.
- After a period of 30-45 minutes, if you continue to eat foods containing dairy, it is recommended to take an additional dose of the product.

SUPPLEMENT FACTS:

Serving Size: 1 Caplet

Amount Per Caplet - % Daily Value:*

Sodium 5 mg - <1%, Lactase Enzyme 9000 FCC Lactase Units - **.

*Percent Daily Values are based on a 2,000 calorie diet.

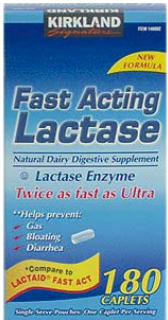
**Daily Value not established.

OTHER INGREDIENTS:

Microcrystalline Cellulose, Dibasic Calcium Phosphate, Croscopovidone, Isomalt, Polyalditol, Croscarmellose Sodium, Colloidal Silicon Dioxide, Magnesium Stearate.

Sodium 5 mg and Calcium 30 mg per caplet.

Consult your doctor if our symptoms continue after using this product or if your symptoms are unusual and seem unrelated to eating dairy. Keep out of the reach of children.



KIRKLAND SIGNATURE™ DAILY MULTIVITAMIN PACK

- High Potency Energy Formula
- 25 Key Vitamins & Minerals
- Complete Daily Nutrition
- 5 Tablets & 2 Softgels Per Packette

Kirkland Signature™ Daily Multivitamin Pack is specially formulated based on the latest research in nutritional science. This product provides a complete, full-potency formulation of vitamins, minerals and Ginseng to help deliver essential nutrients that may be missed if you are not eating a balanced diet.

SUGGESTED USE:

Take one packette daily, with a meal.

SUPPLEMENT FACTS:

Serving Size: 1 Packette

Amount Per Packette - % Daily Value*:

Calories 5, Total Carbohydrate Less than 1 gram - Less than 1%, Vitamin A 3500 I.U. (29% as Beta Carotene) - 70%, Vitamin C 560 mg - 933%, Vitamin D 400 I.U. - 100%, Vitamin E 260 I.U. - 867%, Vitamin K 10 mcg - 13%, Thiamin (Vitamin B1) 51.5 mg - 3433%, Riboflavin (Vitamin B2) 51.7 mg - 3041%, Niacin 70 mg - 350%, Vitamin B6 53 mg - 2650%, Folate (Folic Acid) 800 mcg - 200%, Vitamin B12 80mcg - 1333%, Biotin 80 mcg - 27%, Pantothenic Acid 60 mg - 600%, Calcium 1200 mg - 120%, Phosphorus 48 mg - 5%, Iodine 150 mcg - 100%, Magnesium 100 mg - 25%, Zinc 15 mg - 100%, Selenium 20 mcg - 29%, Copper 2 mg - 100%, Manganese 3.5 mg - 175%, Chromium 150 mcg - 125%, Molybdenum 160 mcg - 213%, Chloride 72 mg - 2%, Sodium 5mg - Less than 1%, Potassium 80 mg - 2%, Boron 300 mcg - **, Nickel 5 mcg - **, Silicon 2 mg - **, Vanadium 10 mcg - **, Lutein 275 mcg - **, Lycopene 300 mcg - **, Asian Ginseng (Panax) Root Extract 100 mg - **.

*Daily Value not established.

**Percent Daily Values are based 2,000 calorie diet.

INGREDIENTS:

Ascorbic Acid, Calcium Carbonate, dl-Alpha Tocopheryl Acetate, Cellulose Gel, Dibasic Calcium Phosphate, Gelatin, Magnesium Oxide, Potassium chloride, Corn Starch, Glycerin, Soybean Oil, Maltodextrin, Niacinamide, Croscarmellose Sodium, D-Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Rose Hips, Asian Ginseng (Panax) Extract, Magnesium Stearate, Water, Hydroxypropyl Methylcellulose, Zinc Oxide, Silicon Dioxide, Hydroxypropyl Cellulose, Manganese Sulfate, Stearic Acid, Sugar Yellow Beeswax, Soy Polysaccharides, Hydrogenated Soybean Oil, Copper Oxide, Sodium Borate, Polyethylene Glycol, Vitamin A Acetate, Dried Yeasts, Modified Food Starch, Folic Acid, Beta Carotene, Lutein, Chromium Chloride, Soy Lecithin, Lycopene, Potassium Borate, Sodium Molybdate, Artificial Colors (Sodium Copper Chlorophyllin, Titanium Dioxide), Potassium Iodide, Cyanocobalamin, Biotin, Vitamin D3 (Cholecalciferol), Sodium Selenate, Sodium Metasilicate, Sodium Metavanadate, Phylloquinone, Nickelous Sulfate.

No Artificial Preservatives. No Artificial Flavors. Gluten Free.

WARNING:

These packettes contain vitamin E and Asian ginseng. If you are pregnant or nursing, have abnormal blood pressure, taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

DIABETICS/HYPOGLYCEMICS:

This product contains chromium please discuss use of this product with a physician prior to use.

Keep out of the reach of children.



KIRKLAND SIGNATURE™ ALLER-TEC™ CETIRIZINE HCL/ ANTIHISTAMINE



Compare to Zyrtec® active ingredient*
Original Prescription Strength

24 HOUR RELIEF OF:

- Sneezing
- Runny Nose
- Itchy, Watery Eyes
- Itchy Throat or Nose

USES:

Temporarily relieves these symptoms due to hay fever or other upper respiratory allergies:

- Runny nose
- Sneezing
- Itchy, watery eyes
- Itching of the nose or throat

DIRECTIONS:

Adults and Children 6 Years and Over

One 10 mg tablet once daily; do not take more than one 10 mg tablet in 24 hours. A 5 mg product may be appropriate for less severe symptoms.

Adults 65 Years and Over

Ask as doctor.

Children Under 6 Years of Age

Ask a doctor.

Consumers with Liver or Kidney Disease

Ask a doctor.

DRUG FACTS:

Active Ingredient (in each tablet) - Cetirizine HCL 10 mg

Purpose - Antihistamine

INACTIVE INGREDIENTS:

Corn Starch, FD&C Blue #1, Hypromellose, Lactose, Magnesium Stearate, Polydextrose, Polyethylene Glycol, Povidone, Titanium Dioxide, Triacetin.

KIRKLAND SIGNATURE™ AND ALLI™ VITAMINS



Boost Your Weight Loss, Balance your Nutrition.

Lose more weight with alli™

The alli program combines the only over-the-counter, FDA approved weight loss pill with an individually tailored support plan, to help you adopt healthy eating habits. When you take alli along with a reduced calorie, low fat diet, you can lose 50% more weight than with dieting alone. For example, instead of losing 10 pounds with diet alone, you can lose 15 pounds with diet and alli.

Kirkland Signature™ Daily Multivitamin is scientifically formulated for your overall good health.† Kirkland Signature Daily Multi helps maintain and support:

- Heart Health†
- Eye Health†
- Immune Health†
- Bones & Teeth†
- Antioxidant Protection†

Kirkland Signature™ Mature Multivitamin

is scientifically formulated to keep you strong and healthy as you age. Kirkland Signature™ Mature Multivitamin helps maintain and support:

- Heart Health†
- Eye Health†
- Immune Health†
- Bones & Teeth†
- Antioxidant Protection†

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KIRKLAND SIGNATURE™ CHILDREN'S CHEWABLE COMPLETE MULTIVITAMIN

We love kids, and we love healthy kids. That's why it's so important at this critical stage in life to ensure that your active child has all the necessary nutrients to feed their growing minds and bodies. Kirkland Signature™ Sugar Free Children's Chewable is a complete multivitamin that has 17 key vitamin and essential minerals to keep your little one going and growing.

BENEFITS OF KIRKLAND SIGNATURE™ CHILDREN'S CHEWABLE COMPLETE MULTIVITAMINS

- Enhanced with Choline
- Calcium and Vitamin D to help build strong bones and teeth†
- Vitamin A, Vitamin C, Vitamin E and Zinc to help support the immune system†
- Three great Sugar-Free Dinosaur flavors in every bottle, Cherry, Orange and Grape!

Love your healthy kids with Kirkland Signature™ Children's Chewable Complete Multivitamins.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE:

Children 2 to 4 years of age chew one half tablet daily; adults and children over 4 years of age chew one tablet daily, preferably with a meal.

SUPPLEMENT FACTS:

Serving Size: 1 Tablet
Amount Per Serving - % Daily Value for Adults & Children Over 4 Years of Age:*
Calories 5, Total Carbohydrate 1 g - < 1%, Sugar 0 g - 0%, Sugar Alcohol < 1 g - < 1%, Vitamin A 40% as Beta Carotene 2500

IU - 50%, Vitamin C 250 mg - 417%, Vitamin D3 400 IU - 100%, Vitamin E 30 IU - 100%, Thiamin (Vitamin B1) 1.5 mg - 100%, Riboflavin (Vitamin B2) 1.7 mg - 100%, Niacin 15 mg - 75%, Vitamin B6 2 mg - 100%, Folate (Folic Acid) 400 mcg - 100%, Vitamin B12 6 mcg - 100%, Biotin 40 mcg - 13%, Pantothenic Acid 10 mg - 100%, Calcium 150 mg - 15%, Phosphorus 100 mg - 10%, Iodine 150 mcg - 100%, Magnesium 20 mg - 5%, Zinc 12 mg - 80%, Copper 2 mg - 100%, Sodium 20 mg - < 1%, Choline 40 mg - **.

*Percent Daily Values are based on a 2,000-calorie diet.

**Daily Value not established.

INGREDIENTS:

Sorbitol***, Dibasic Calcium Phosphate, Sodium Ascorbate, Cellulose Gel, Ascorbic Acid, Choline Bitartrate, Manito***, Stearic Acid, Calcium Carbonate, Mono & Diglycerides of Fatty Acids, magnesium Oxide, Maltodextrin, d-Alpha Tocopheryl Acetate, Hydrogenated Vegetable Oil (Soybean, Palm or Cottonseed Oil), Silicon Dioxide, Corn Starch, Nicotinamide, Magnesium Stearate, Zinc Oxide, d-Calcium Pantothenate, Citric Acid, Gelatin, Sucralose, Red 40 Lake, Natural and Artificial Lactose***, Blue 2 Lake, Vitamin A Acetate, Beta Carotene, Folic Acid, Potassium Iodide, Vitamin D3 (Cholecalciferol), Biotin, Soy Lecithin, Cyanocobalamin.

***Adds a negligible amount of sugar.

CONTAINS:

Fish (Cod, Cusk, Haddock, Hake, Flounder, Pollock, Sol, and Redfish), Milk and Wheat.

Manufactured on equipment that also processes peanuts and soy.

Keep out of the reach of children.



KIRKLAND SIGNATURE™ OMEPRAZOLE



- Acid Reducer
- Treats Frequent Heartburn!

USE:

- Treats frequent heartburn (occurs 2 or more days a week)
- Not intended for immediate relief of heartburn; this drug may take up to 1 to 4 days for full effect

DIRECTIONS:

Adults 18 years of age and older:

- This product is to be used once a day (every 24 hours), every day for 14 days
- It may take 1 to 4 days for full effect, although some people get complete relief of symptoms within 24 hours

14-DAY COURSE OF TREATMENT

- Swallow 1 tablet with a glass of water before eating in the morning
- Take every day for 14 days
- Do not take more than 1 tablet a day
- Do not chew or crush the tablets
- Do not crush tablets in food
- Do not use for more than 14 days unless directed by your doctor

REPEATED 14-DAY COURSES (IF NEEDED)

- You may repeat a 14-day course every 4 months
- Do not take for more than 14 days or more often than every 4 months unless directed by a doctor

Children under 18 years of age: Ask a doctor

DRUG FACTS:

Active Ingredient (in each tablet):

Omeprazole delayed-release tablet 20 mg.
Purpose: Acid Reducer

Inactive Ingredients:

Carnauba Wax, Ferric Oxide Red, Ferric Oxide Yellow, Hypromellose, Hypromellose Acetate Succinate, Lactose Monohydrate, Monoethanolamine, Propylene Glycol, Sodium Lauryl Sulfate, Sodium Starch Glycolate, Sodium Stearate, Sodium Stearyl Fumarate, Talc, Titanium Dioxide, Triethyl Citrate.

KIRKLAND SIGNATURE™ MAXIMUM POTENCY COQ10



- Supports Nerve and Muscle health†
- Contributes to Heart and Vascular health†
- Essential in the production of Energy†
- Beneficial for those taking Statin drugs†^

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

SUGGESTED USE:

Take one softgel per day with a full glass of water, preferably after a meal or as directed by your healthcare practitioner.

INGREDIENTS:

Soybean Oil, Gelatin, Coenzyme Q10 (Ubidecarenone), Glycerin, Yellow Beeswax, Soy Lecithin, d-Alpha Tocopheryl Acetate, Titanium Dioxide, Riboflavin.

SUPPLEMENT FACTS:

Serving Size: 1 Softgel

Each Softgel Contains - % Daily Value*:

Calories 10, Calories from Fat 10, Total Fat 1 g - 2%, Coenzyme Q10 300 mg - **.

KIRKLAND SIGNATURE™ ENTERIC COATED FISH OIL



Discover the many benefits of Omega-3 with Kirkland Signature Enteric Coated Fish Oil One Per Day.

- 1200 mg Fish Oil, 684 mg Omega-3 Fatty Acids per serving.
- Helps maintain and support heart and vascular health.†
- Enteric Coating reduces fishy odor and after taste.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE:

Take one softgel daily with a full glass of water.

SUPPLEMENT FACTS:

Serving Size: 1 Softgel

Amount Per Serving - % Daily Value:*

Calories 10, Calories from Fat 10, Total Fat 1 g - 2%, Cholesterol 10 mg - 3%, Fish Oil Concentrate 1200 mg, Omega 3 EPA (Eicosa-

pentaenoic Acid)(as ethyl esters) 410 mg - **, Omega 3 DHA (Docosahexaenoic Acid (as ethyl esters) 274 mg - **.

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

^As ethyl ester.

INGREDIENTS:

Fish Oil Concentrate, Gelatin (non-bovine), Glycerin, Water, Vanillin, Tocopherol.

MAY ALSO CONTAIN:

Methacrylic Acid Copolymer, Ethylcellulose, Sodium Alginate, Hydroxypropyl Methylcellulose Phthalate, Medium Chain Triglyceride, Triacetin, Oleic Acid, Stearic Acid, Ammonium Hydroxide, Polyethylene Glycol.

Contains: Fish (Anchovy, Sardine) and Soy.

Keep out of reach of children.

KIRKLAND SIGNATURE™ EXTRA STRENGTH GLUCOSAMINE HCl



Two Tablets Per Day Deliver:

- Glucosamine HCl 1500 mg
- Chondroitin Sulfate 1200 mg

**Nourishes Joint and Connective Tissue†
Supports Joint Cushioning†**

Quality. Purity. Potency.

Clinically Proven Effective††

- No Gluten
- No Lactose
- No Preservatives Added

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE:

Take two tablets daily with a full glass of water.

SUPPLEMENT FACTS:

Serving Size: 2 Tablets

Servings Per Container: 110

Amount Per Serving - % Daily Value:

Calories - 10, Total Carbohydrates - <2.5 g - <1%**, Sodium - 108 mg - 5%**, Glucosamine HCl 1.5 g (1500 mg) - ***, Chondroitin Sulfate Sodium (Bovine) - 1.2 g (1200 mg) - ***.

**Percent daily values are based on a 2000 calorie diet.

**Daily Value not established.

INGREDIENTS:

Glucosamine Hydrochloride (from Shellfish: Crab, Shrimp, Crayfish), Chondroitin Sulfate Sodium (Bovine), Croscarmellose Sodium, Microcrystalline Cellulose, Silicon Dioxide, Magnesium Stearate, Stearic Acid, Sodium Lauryl Sulfate, Hypromellose, Artificial Vanilla Flavor, Polyethylene Glycol, and Carnauba Wax.

Tablet color may vary.

KIRKLAND SIGNATURE™ B-100 HI-ENERGY COMPLEX



Kirkland Signature™ B-100 Hi-Energy Complex with Advanced Amino Acid Blend:

- Promotes and Fuels Energy†
- Relieves Stress†

Kirkland Signature™ B-100 Hi-Energy Complex is a combination of B-vitamins and amino acids which helps convert food into energy and is necessary for normal functioning of the nervous system.†

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE:

Take one tablet daily, preferably with a meal.

SUPPLEMENT FACTS:

Serving Size: 1 Tablet

Each Tablet Contains - % Daily Value:

Vitamin C 150 mg - 250%, Thiamin (Vit. B1) 100 mg - 6667%, Riboflavin (Vit. B2) 100 mg - 5882%, Niacin 100 mg - 500%, Vitamin

B6 100 mg - 5000%, Folate (Folic Acid) 400 mcg - 100%, Vitamin B12 100 mcg - 1667%, Biotin 300 mcg - 100%, Pantothenic Acid 100 mg - 1000%, Iron 9 mg - 50%, Zinc 15 mg - 100%, Selenium 25 mcg - 36%, Copper 2 mg - 100%, Proprietary Amino Acid blend (Arginine, Glutamine, Taurine) 120 mg - **.

**Daily Value not established.

INGREDIENTS:

Ascorbic Acid, Proprietary Amino Acid Blend, Thiamin Mononitrate, Riboflavin, Niacinamide, Pyridoxine Hydrochloride, d-Calcium Pantothenate, Microcrystalline cellulose, Croscarmellose Sodium, Calcium carbonate, Dicalcium Phosphate, Stearic Acid, Ferrous Fumarate, Zinc Oxide, Crospovidone, Sodium Lauryl Sulfate, Silicon Dioxide, Magnesium Stearate, Hydroxypropyl cellulose, Cupric Sulfate, Hydroxypropyl methylcellulose, Sodium Selenate, Folic Acid, Biotin, Cyanocobalamin, Carnauba Wax.

No Artificial Colors. No Artificial Flavors. No Preservatives. No Yeast or Gluten. No Trans Fat.